

You may not be fasting during January 1st -21st , but please use this prayer guide as you join in prayer with us in regards to the Four-fold Prayer & Fasting Faith Focus. The following is excerpted from the full guide that has information about fasting entitled: *The Power of the Empty Plate: Getting Full from Fasting*. If you plan on fasting, please request the full guide for instructions and insights into prayer and fasting. Blessings to you as you consecrate the year unto the Lord!

Another vital part of what you will want to be in the habit of, if you are not already, but especially during fasting, is Proclaiming God's Word over your life and situations. This is a powerful tool you will not want to go without. Scripture teaches that in the ***mouth*** of two or three witnesses a thing is established (Duet. 17:6). There are two witnesses trying to establish their case for your life. God has good planned for you (Jeremiah 29:11) and the devil is trying to keep you from it (John 10:10). With whom will you side? **BOLDLY** testify with your mouth of God's Promises for your life! Overcome the devil by the blood of the Lamb (what Jesus DID for you on the Cross) and the Word of your testimony (what Jesus PROVIDED through the Cross)! (Revelation 12:11). ***Declare with your mouth*** that the devil and what he brings a liar and that God's Promises are FOR you, IN you, and ACTIVE in your life! (2 Corinthians 1:20, 2 Peter 1:4).

Jesus taught us to ***speak*** to the mountain (Matthew 17:20). This is one of the things about fasting....it increases faith. Jesus told us that if we have mustard seed faith, we can ***speak*** to the mountain and it'd move. Don't pass up the confession of God's Word during this time of fasting while unbelief is being smashed and faith is soaring to new heights, there is something powerful in giving voice to God's Word with your own mouth!

How is Declaring God's Word done? You search the Scriptures for the promises it contains in regards to your situation. For example, let say you want the Lord to uproot fear in your life. Here are three Scriptures that have to deal with fear: Isaiah 41:10 'Do not fear, for I am with you; Do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, Surely I will uphold you with My righteous right hand.' Psalm 27:1 "The LORD is my light and my salvation; Whom shall I fear? The LORD is the defense of my life; Whom shall I dread?", and 2 Timothy 1:7, "For God has not given you a spirit of fear, but of power, of love, and of a sound mind."

Taking these three Scriptures and turning it into a Confession over your life would look like this:

God is with me, I will not be afraid. I will not fear what anyone can do to me, or what the devil can do against me because God is holding my life in His hand and HE will help me, protect me, and keep me strong! God has not made me fearful, but has filled me with His power, with His love, and right thinking.

Scriptures for finances:

Psalms 112:3 Wealth and riches are in his house, And his righteousness endures forever.

Luke 6:38 "Give, and it will be given to you. They will pour into your lap a good measure--pressed down, shaken together, and running over. For by your standard of measure it will be measured to you in return."

Philippians 4:19 And my God will supply all your needs according to His riches in glory in Christ Jesus.

2Co 9:11 you will be enriched in everything for all liberality, which through us is producing thanksgiving to God. (you may combine the preceding verses also)

Confession may look like this:

Riches and wealth are in my house because I have given, it is being given back to me pressed down, shaken together, and running over. Because I have given God is supplying all my need according to His riches in Christ Jesus and enriching me in liberally in ALL things, and I am thankful and my generosity is producing thanksgiving in others!

Healing Scriptures and Confession

1Peter 2:24 "and He Himself bore our sins in His body on the cross, so that we might die to sin and live to righteousness; for by His wounds you were healed."

Romans 8:11 "But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you."

Psalms 103:2-3 Bless the LORD, O my soul, And forget none of His benefits; Who pardons all your iniquities, Who heals all your diseases...

I bless you, O Lord, for through the Cross of Christ you have forgiven me of all of my sins and healed me of all sickness and disease. By the stripes Jesus bore on His back, I have been made completely whole, and the Holy Spirit that raised Him from the dead makes my body completely alive and whole right now!

Victory over Sin

Rom 6:11-18 "Even so consider yourselves to be dead to sin, but alive to God in Christ Jesus. Therefore do not let sin reign in your mortal body so that you obey its lusts, and do not go on presenting the members of your body to sin as instruments of unrighteousness; but present yourselves to God as those alive from the dead, and your members as instruments of righteousness to God. For sin shall not be master over you, for you are not under law but under grace. What then? Shall we sin because we are not under law but under grace? May it never be! Do you not know that when you present yourselves to someone as slaves for obedience, you are slaves of the one whom you obey, either of sin resulting in death, or of obedience resulting in righteousness? But thanks be to God that though you were slaves of sin, you became obedient

from the heart to that form of teaching to which you were committed, and having been freed from sin, you became slaves of righteousness.”

Confession:

I am dead to sin, but alive unto God. Sin does not have dominion over me, but I overcome sin through Jesus. I present the members of my body and my life unto the Lord as a servant of righteousness, pleasing the Lord in all things.

By now you should have gotten the picture. When you give voice to what God has said He has done for you through Jesus, or where He proclaims His goodness, you are taking a stand with Him against what the devil has or is trying to attack you with!

Victory will come as you remain steadfast; the Word *WILL* work if you will work the Word! Jesus overcame satan using the Word of God during His season of fasting in the wilderness (Matthew 4:1-11). God's Word is **THE final authority**. You may be facing some facts, the facts of pain, the facts of debt, the facts of marital struggle, the facts of sinful habits, but God's **TRUTH** overrides facts when we pursue His **TRUTH**...isn't that what Jesus said? John 8:31-32 So Jesus was saying to those Jews who had believed Him, "**If you continue in My word, *then you are truly disciples of Mine*;and you will know the truth, and the truth will make you free."**

So the above is for your personal life, those areas you really need the Lord to breakthrough. Let's turn our attention to the other three of our Four-fold Fasting Focus of these 21 days. They are (1) Harvest of Souls, (2) Increase of God's Presence and Power, and (3) Breaking the back of Debt. Pray as you feel led concerning these, but use the following Confessions of God's Word as we smash the devil, tear down his strongholds, and see a break out of God's Spirit at Calvary Church & in our lives too!

(1) Harvest of Souls

Lord You said that if You were lifted up, that You'd draw all men unto You. I thank You that Proctorsville, Ludlow, Chester and surrounding communities are being drawn to You right now. I thank You that You broke the power of satan over the lives of people and that Your Spirit is convicting them of their sin right now. He is convicting them of soon coming judgment and revealing the Father's love through Jesus Christ. I command the blinders to come off the eyes of people right now, that they may see the Light of Christ; to see Jesus for Who He is. I command every barrier to the Gospel to be broken down now and the hearts of people would be softened and turned toward Christ. I thank You that You are waking up Your Body to be Your Hands, Feet, and Voice; that we would be busy about our Father's business, busy in the Field of Harvest!

John 12:32, Colossians 2:15, John 16:7-10, 2 Corinthians 4:3, 4, Acts 2:36-47, John 9:4, Luke 10:2

(2) Increase of God's Presence and Power

I thank you Father that our hearts are filled with rejoicing, worship, and praise. You are enthroned at Calvary Church and in my life, for You dwell in the midst of the praises of Your people! I thank You that we are growing from faith to faith and from glory to glory. Calvary Church and I am arising and shining, for the Glory of the Lord has risen upon us! We dwell under the Shadow of the Almighty, in His Secret Place. The promises of Psalm 91 are ours!
(Read them to make yourself familiar with them and then personalize it!)

Thank you Father that no weapon of the enemy formed against us shall prosper and every tongue that rises up against us we decree and declare it broken, powerless, and foolish babble in the ears of the hearers. We trample upon serpents and scorpions and over all the power of the enemy and NOTHING by ANY means shall harm us! Lord we take our place as the Church, as Sons and Daughters of the King of Kings and enforce the victory of Jesus every where we go and in all we do. Jesus leads us in triumphal procession and every work and force of satan is demolished under our feet.

Psalm 22:3, Romans 1:16-17, 2 Corinthians 3:18, Isaiah 60:1, Psalm 91, Isaiah 54:17, Luke 10:19, 1 Peter 2:9, 2 Corinthians 2:14, 1 John 3:8

(3) Breaking the Back of Debt

I thank You Father, that we owe no man anything, but the debt of love. All of our needs are supplied through the abundant riches in Christ Jesus. We have more than enough, God has increased us and caused us to be able to be liberal in every good work. We have been faithful in tithing, therefore the windows of heaven are open to us and the devourer is rebuked by the Lord Jesus Himself. The Lord is our Shepard, we do not lack or want for any good thing. Our Father knows how to give good gifts unto His children and if He offered up His very Son for us, He will not and does not withhold any good thing from us! We cast our bread upon the waters, and it returns to us! When we give, it is returned to us pressed down, shaken together and running over. We are thankful for the goodness of God towards us, and through our liberal giving, others are praising and thanking the Lord for His goodness! We are the Righteousness of God in Christ Jesus and our houses are filled with riches and wealth. God gives us wisdom in our finances and directs us by His Spirit in every financial matter. In Jesus' Name every work and force of satan against our finances and every blessing that God has for us is brought to nothing, we thrust it aside and kick it out of the way. We speak to the mountain of debt and command it to be removed and cast into the sea. The blessings of the Lord flow freely to us and through us for the Glory of God!

Romans 13:8, Philippians 4:19, 2 Corinthians 9:6-15, Psalm 23, Matthew 7:11, Ecclesiastes 11:1, Luke 6:38, 2 Corinthians 5:21, Psalm 112:1-3, Luke 10:19, Mark 16:18, James 1:5,

Matthew 17:20

Not only confess the “we” and the collective “Calvary Church”, but personalize it with “I”, “my” put *YOUR* name in there! Believe the Lord not just for “us” but for “you” too!

I just want to thank you and commend you for making prayer and fasting a part of your life. Know that God will reward you richly and you honour Him and place Him first through this practice. Know that your fasting is not just for yourself, but that ALL might see and glorify God for Him making Himself known through your life.

God's Best & Richest Blessings Upon You!,

Pastor Joseph L. Arnold